

PROJECT REPORT

Donor:
Far & Wild

Grant Amount:
£10,000

Project Duration:
1 Year

Project Start Date:
01/07/23

Project End Date:
30/06/24

Location:
Livingstone, Zambia

No. of Beneficiaries:
20

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Hopeful Horizons: Brighter Futures for Girls in Zambia

After-School Homework and Literacy Clubs

Activities: The after-school Homework and Literacy Clubs supports children aged 10 to 17 with weekly reading, writing, comprehension lessons, and homework assistance. Participants are grouped according to reading level, progressing through stages from letter naming to comprehension. In the homework clubs, students receive daily teacher support in small groups.

Reach: Our after-school project reaches 35 girls daily for one hour, while our literacy project reaches 47 girls daily for one hour. In total, we work with 82 girls each week. The total contact time for the project is 520 hours with 260 hours of literacy and 260 hours of after school-support.

Results: The 2023 GCE exam results for the after-school programme were very encouraging. The highest-achieving female student has applied to study medicine at the University of Lusaka. Fifteen out of eighteen grade nine students passed and proceeded to grade 10, while all eleven grade twelve students passed. In the literacy clubs, significant progress has been made. Initially, only 56% of participants could read phonetically, but this has now risen to 87%. Similarly, reading proficiency has increased from 33% to 81%, a noteworthy improvement in just one year.

Testimonials: *"I got pregnant in grade 7 and stopped attending school for 2 years. When I went back to school, I also joined the homework clubs that helped me pass my grade 9 exams. I am now in grade 10 and still attending homework clubs."* (Melinda, age 16)



4 QUALITY
EDUCATION



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Digital Skills Training

Activities: The Digital Skill Accelerator empowers Livingstone youth aged 12-23 (high school students and recent school leavers) with essential digital skills, opening pathways to higher education, employment, and economic empowerment. The programme enables young people to explore STEM and ICT fields, such as coding by providing access to mentors, resources, and opportunities. Two core activities of the programme are Professional Development Training, an eight-month product design and software development course for ten high school graduates (4F/6M), and School Coding Clubs, offering introductory web development lessons with HTML and CSS to high school students. These coding clubs introduce fundamental programming and digital skills, exposing students to diverse STEM careers and college majors.

Reach: The digital skills project reaches 65 girls weekly through our coding clubs across three schools in Livingstone. We also have four girls on the professional development cohort learning product design.

Results: Improved Digital Literacy: The girls showed a marked improvement in their understanding and use of basic computing skills. Practical Application of Skills: At St. Mary's Secondary School, the girls learned how to use Canva, a graphic design platform. They are applying their skills to create the school's first-ever magazine, showcasing their creativity and technical abilities.

Testimonials: *"Girls like me rarely have access to the internet and smartphones, though we are interested in pursuing careers in ICT. Such programmes are very helpful and should be introduced in all schools so that girls can have access to information about ICT and different careers they can pursue."* (Bwiza, aged 13)



8 DECENT WORK AND ECONOMIC GROWTH



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Football for Health & Wellbeing

Activities: The Girls' Football Training Programme empowers young girls through sports, promoting physical fitness, teamwork, and leadership. The programme offers two-hour training sessions, Monday through Friday, focusing on basic to advanced football skills, teamwork, and game strategy. Participation in three local tournaments over the past six months has provided the girls with valuable competition experience and access to sexual and reproductive health services facilitated through clinical partners.

Reach: We are consistently working with 56 girls a week, divided into two groups: 28 senior girls (ages 15-24) and 28 girls in the under-14 team (ages 10-14).

Results: Football training has improved the girls' football skills, with many demonstrating advanced techniques. This improvement was evident when our girls' team qualified for the Super League after finishing second in the National League. Beyond sports, the girls have shown increased self-confidence and teamwork abilities. One notable achievement is Nana Mulanda, who is playing for the under-17 national team and qualified for this year's World Cup to be hosted by the Dominican Republic.

Testimonials: *"When I first joined the team, I was quite shy and uncertain about leading. However, through the supportive environment and the engaging sessions at Play it Forward, I have grown in confidence. Now, I feel comfortable standing up and working with the girls during both training and Play and Prevent sessions for Sexual Reproductive Health Rights. This experience has given me the opportunity to be a leader and a role model for the team and community." (Offer Sibalwa, Senior Girls Team Captain)*



3 GOOD HEALTH AND WELL-BEING



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Daily Nutritious Meals

Activities: The nutrition project aims to improve school and sports attendance, alleviate short-term hunger, enhance academic performance, and incentivize girls' participation in school and football. Key activities involve preparing and delivering daily meals at the pitch, providing nutrition education to participants and parents, evaluating the project's impact. An office garden is maintained to cultivate vegetables to further support the feeding project. This garden supplements food supplies with fresh, homegrown produce, contributing to the overall nutritional value of the meals provided to participants

Reach: The feeding program provided daily meals to 89 girls: 28 senior girls (ages 17-24), 26 U14 girls (ages 10-14), and 35 girls participating in the extra lesson project.

Results: We served over 5,500 meals to girls throughout the year. Due to the introduction of daily meals, we have seen an increase in the number of girls attending our sessions.

Testimonials: *"Registers with all girls were introduced to ensure the targeted beneficiaries received the meals before everyone else. This initiative made it easier to serve meals in an orderly manner. Further, their diet has improved and more meals have been added to the timetable."* (Jacqueline & Helen)



2 ZERO
HUNGER



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Conclusion and future directions: The development of the office vegetable garden is helping reduce the costs of buying ingredients for the daily feeding programme. We hope to serve even more meals due to an increased demand as a consequence of the ongoing drought that Zambia is facing. We are also in the process of installing solar PV at the office to cope with the inconsistent government power supply. The funding provided by Far & Wild has really made a difference to all the girls involved in the programme so far. This holistic approach is creating pathways for a brighter future, employment prospects, and the capability of becoming leaders and serving their communities.

Budget Report

Homework and literacy club

Tutor stipends	824.24	One Project Officer and two volunteers
Stationery	189.39	Ink toner and paper for printing delivery materials
Books	222.00	Reading and exercise books
Travel	276.36	Transport cost for lesson delivery in four schools

Digital skills workshops

Equipment	950.30	Includes internet for ICT, repairs and maintenance
Teachers stipends	917.33	Salary contribution for the Project Coordinator
Travel	436.36	Transport to digital hub and schools

Daily meals

Cooks stipends	436.36	Salary contribution for the cooks and cleaners
Food ingredients	3,643.15	Purchase of ingredients for meal preparation
Utensils, cooking fuel	720.48	Purchase of cooking pots, charcoal, transport

Sports equipment

Footballs	196.97	Purchase of 10 upcycled footballs
Bibs	66.67	Purchase of 50 bibs each for girls teams
Cones	36.36	Purchase of 100 cones for the girls teams

Monitoring and evaluation

M&E Coordinator	157.58	Salary contribution for the M&E Coordinator
Data collection	31.52	Transport refunds for data collection
Reporting	50.91	Report writing and printing

Overheads

	844.00	Contribution to rent, utilities, accounting, registration
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Total £10,000

Lwanga Bwalya,
Country Director



Thank you for choosing to support
Hopeful Horizons, creating
pathways for brighter futures!

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